



















Holistic Healing

These are very powerful Affirmations to put into our Auric Field for cleansing, transforming and rebirthing. If we listen to our inner guidance this procedure can be transformed in a very sacred ceremony.

- ✦ Root chakra cleansed I AM
- ✦ Belly chakra cleansed I AM
- ✦ Solar Plexus cleansed I AM
- ✦ Heart Chakra cleansed I AM
- ✦ Throat Chakra cleansed I AM
- ✦ Brow Chakra cleansed I AM
- ✦ Crown chakra cleansed I AM
- ✦ Meridians Aligned I AM
- ✦ Rejuvenated I AM
- ✦ Healthy I AM
- ✦ Balanced I AM
- ✦ Purified I AM
- ✦ Purified I AM
- ✦ Renewal I AM
- ✦ Equality I AM
- ✦ OH Holy One I Am
- ✦ OH Holy One I Am
- ✦ OH Holy One I have become
- ✦ OH Holy One I have transformed
- ✦ Oh Power One I have transformed
- ✦ Oh, power One I am rebirth
- ✦ I AM that I AM, rebirth
- ✦ I AM that I AM, rebirth
- ✦ In this moment I am Rebirth
- ✦ Vibrationally rebirthed I AM
- ✦ Vibrationally rebirthed I AM
- ✦ Vibrationally rebirthed I AM

 **I OWN THIS POWER**
 **I own this birthright**
 **I own this power Indeed**
 **I own this power Indeed**
 **Birthright this power I AM**
 **Birthright this power I AM**
 **OPENING FLOW I AM**
 **Vessel of universe I am**
 **Peaceful reverence I AM**
 **Light I am**
 **I am the Light**
 **I am clothed in the Light**
 **Light I Am**
 **Unconditional Loving I AM**
 **God I AM**
 **So be it!**
 **So be it!**
 **So be it!**

Command from the Lord God/Goddess of your being that this uplifted vibratory frequency is sealed.